



# ALMSHOUSE

## NORTH EAST LINCOLNSHIRE NEWS



## CELEBRATING 80 YEARS


In this issue, we're celebrating 80 years of community, heritage and hope as the Almshouse Association marks its anniversary. Plus, how healthy is your lifestyle? Find out with essential healthy choice quiz inside!

# DEAR RESIDENTS

It's the **80<sup>th</sup> Anniversary** of the **Almshouse Association**.

This anniversary will highlight the unique **value of almshouse charities**, raise funds to **support existing ones**, and encourage **new almshouses to be built ...**

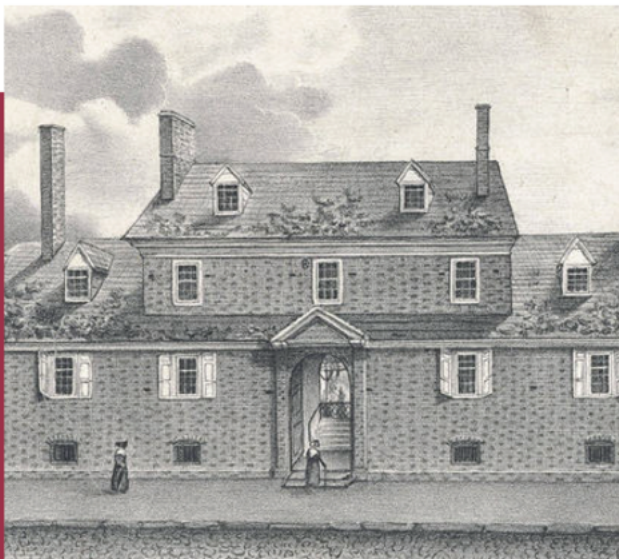


 F.W. McAulay Almshouses, Aylesby (photography by Grant's Visuals)

## CELEBRATING 80

The **Almshouse Association** has been serving its members since 1946, that's 80 years of community, heritage and hope!

The Almshouse Association was founded 80 years ago by its members. **Born out of the austerity and uncertainty of wartime Britain**, and at a moment when new legislation and emerging models of social housing were placing intense pressure on almshouse trustees, **the early leaders of the almshouse movement recognised a vital truth**: to survive and to flourish, **almshouses needed a collective voice** and needed to come together as a network.



## PAST TO PRESENT

Our predecessors showed remarkable foresight.

They understood that **the almshouse model was not becoming obsolete** and was actually more necessary than ever. They recognised that housing provision alone was not enough. **People in need required more than a roof over their heads** - they needed community. Almshouse trustees, too, needed a community beyond their individual charities.

This **80th anniversary will highlight the unique value of almshouse charities**, raise funds to support existing charities, encourage the building of new almshouses, help new charities form, and uphold the founding principle that **no resident should ever be lonely in an almshouse**.

None of this would be possible without the outstanding leadership and commitment of trustees, clerks, wardens and other volunteers across 1,600 almshouse charities throughout the UK, so we thank every one of you.

Source credit: [The Almshouse Association](#)



Grantham Almshouses, Scartho (photography by Grant's Visuals)

## CENTENARY COMMISSION

Grantham Almshouses Trustees have commissioned **Lucy Wood** to write a centenary book about their properties. It will include lots of information about the heritage and history of the cottages over the last 100 years when they were built to the present day.

## A BRIEF HISTORY

In 1927, North and South elevation drawings were proposed for almshouses in the Grantham Avenue area of Scartho, Grimsby. The construction of these dwellings was financed by **Joseph Grantham**, who served as a churchwarden at Scartho for over 20 years, leaving an estate worth over £45,000.

The first residents moved into the cottages in **January 1930**, consisting of pensioners from the parishes of **Scartho, Bradley, or Irby**.

If you currently live in the Grantham Almshouses, have previously lived there or know any family or friends with any connections to the Grantham Almshouses, Lucy would love to hear from you.

Please email her with your stories, photos and other memorabilia on: [lucyatlincs@aol.com](mailto:lucyatlincs@aol.com), thank you!



# HOW HEALTHY IS YOUR LIFESTYLE?

## COMPLETE THIS 5-MINUTE QUIZ TO FIND OUT!

The **Healthy Choices Quiz** is part of the NHS Better Health programme and is brought to you by the Department of Health and Social Care.

The quiz is for adults aged 18 and over. **Do not use the quiz if you:**

Have an existing health condition, like diabetes or heart disease, or if you're worried about your health, speak to your GP.



## WHAT IT ASKS YOU ...

The quiz asks about eating, alcohol, movement, smoking and vaping, your mental health and sleep.

This isn't a medical assessment. It won't ask for any personal health details, like your weight or blood pressure or your medical history.

You'll get free access to NHS apps and advice to show you how to make changes where they matter most to you.

To find out more about how the score is calculated, visit the [Healthy Choices Quiz explained](#).

To find out how your data is managed, visit the [privacy policy](#).

## START THE QUIZ AT

[Healthy Choices Quiz - NHS](#)

Answer Questions.

Get Results.

Access Advice.

Help yourself make healthier choices last!

Source credit: [National Health Service \(NHS\)](#)

# SPRINGTIME IN YOUR GARDEN

## HOME GROWN FRUIT 'N' VEG

For those almshouses with gardens and space to grow your own produce, this is one of the best ways of **keeping healthy through gardening**, harvesting and cooking your own food

Some of our residents are already doing this and also **share surplus produce with their neighbours**.

If you are thinking about this, but think looking after the whole garden may be too daunting, maybe **try growing your own produce in raised beds, window boxes or a small greenhouse** instead.

Alternatively, you could explore sharing the gardening tasks with your neighbours...

## ALLOTMENTS

If you don't have a garden with your property, or it's not suitable for growing food produce, you might **consider taking on an allotment near where you live**.

Interested in an allotment plot around **250 square meters** in size - concessions available for over 60s – **visit the council's website at [Allotments | NELC](#)** for an application form.

The council has **7 sites**, and there are **4 other sites** in Cleethorpes, Immingham, Humberstone and New Waltham.

## LOCAL CONNECTIONS

**Grimsby Local History Exhibition** featuring Diamond Jubilee Provident Homes, **Doughty Road** and **Coronation Cottages** in Cleethorpes, celebrating our **local royal connections**.

If you are interested in **finding out more about the history of almshouses** in our area, pop into **Grimsby Town Hall on Charter Day**, Wednesday **11<sup>th</sup> March** between **10am and 4pm**.



## Royal Connections

**Wednesday, 11th March**  
10am to 4pm  
**Grimsby Town Hall**  
Bremerhaven Room



FREE LOCAL HISTORY EXHIBITION TO MARK

PHOTOGRAPHS | DOCUMENTS | ARTEFACTS

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[www.lincsinspire.com/archives](http://www.lincsinspire.com/archives)

# READER SURVEY

## SHARE YOUR THOUGHTS ON ALMSHOUSE NEL NEWS

We have really enjoyed preparing and producing these newsletters over the last year and have received some great feedback from residents and trustees.

We would like to continue creating them for North East Lincolnshire almshouse residents and keeping you all in touch with useful local information.

Therefore, we would be most grateful for your feedback and any suggestions you may have about future content of interest to you.

*I really enjoy reading them; A great read with my cuppa* ”

*Very interesting to find out about the history of the building that is my home now*

“ *Looking forward to the next one!; Well done!*

## SUBMIT YOUR FEEDBACK ONLINE OR DIRECT

You can reply to our survey questions online here:

<https://forms.cloud.microsoft/r/ScweX3b0m1>

If you'd like to get in touch, you will be asked the following questions:

1. Do you find the newsletter easy to read and understand?
2. Is a monthly newsletter about right with 4 pages?
3. Would you prefer a quarterly with 8 pages?
4. Which sections do you enjoy the most?
5. Is there a subject you would like to see more of in future issues?
6. Do you have any other comments or suggestions to help improve the newsletter for you?

You may also email your responses to [paula@capacitybuildings.org.uk](mailto:paula@capacitybuildings.org.uk)

Telephone **01472 897337** and leave your response on our answering machine.

Call into our community hub located at **82 Grimsby Road, Cleethorpes DN35 7DP.**

Opening hours are **9am - 4pm, Monday to Thursday.**

Please ask to speak to **Liz** or **Pete**.



## WEELSBY STREET COTTAGES



The **Weelsby Street fishermen's cottages** in Grimsby are a small but important part of the town's fishing industry's social history, located in the East Marsh of Grimsby near the fish docks.

This area is **part of the town's maritime heritage**, surrounded by terraced streets, many public houses, community halls and welfare organisations supporting people in the fishing industry.

**Grimsby Sailors and Fishing Charity** currently manages 12 properties (7 houses and 4 flats) on Weelsby Street in Grimsby, where there were originally 20 dwellings (16 houses and 4 flats).

In 2018, the charity sold a group of basic one-bedroom properties located in The Square when these residents were relocated into more modern and fit-for-purpose properties elsewhere in the town.

Source credit: [www.gov.uk](http://www.gov.uk)

## IN THE NEXT ISSUE ...

We're handing over the reins to you, our readers.

Shape the future of Almshouse NEL news by responding to our readers' survey and informing us of content you'd like to see being brought into our **Easter issue**, to be delivered during **April 2026**.

You can reply to our survey questions online here: <https://forms.cloud.microsoft/r/ScweX3b0m1> or via the contact methods visible on **Page 6**.

Paula Grant,  
[paula@capacitybuildings.org.uk](mailto:paula@capacitybuildings.org.uk)  
(March 2026)

## HOUSEHOLD SUPPORT FUND

This scheme, offering crisis assistance to vulnerable people in households experiencing high levels of need with their cost-of-living essentials **to help prevent further hardship**, closes soon.

People living in almshouse properties, who qualify as residents, are already charity beneficiaries, by definition, are in financial hardship and are **eligible for help from this fund**.

**Capacity Buildings** worked in partnership with the local authority to identify vulnerable people living in almshouse communities who **may not be aware of available additional support**.

We have now identified all known almshouses across the borough, **to ensure residents** who qualify for charitable assistance **do not miss opportunities to be supported** via this scheme.



All winter packs allocated for almshouse residents to help keep them warm have been delivered. If you have not received a pack let us know and we will add you to our waiting list.

We will be working with almshouse residents who are still struggling with the cost of living expenses, even with charitable trust investment **help to prevent poverty and build financial resilience**.

**If you need support** or know other residents who do, **please contact our team** using the details listed on the back page. Your enquiry will be handled sensitively and in confidence.

Support is available by visiting **Citizens' Advice North East Lincolnshire** at 16 Town Hall Street, Grimsby, DN31 1HN or by making an appointment at **Immingham Advice Centre** in the Civic Centre Hub, Pelham Road, Immingham, DN40 1QF. Telephone: 0808 2505 701 or email: [info@advicene1.org.uk](mailto:info@advicene1.org.uk). Visit the website here: [www.advicene1.org.uk](http://www.advicene1.org.uk) for opening times. Alternatively, please contact Friendship at Home for a well-being check: **Well-being Check**.

**HEY Credit Union** is a not-for-profit organisation that offers loans from £100 upwards, and only charges interest on the reducing balance. Repayments can be weekly, fortnightly, 4-weekly or monthly. **To help plan for Christmas 2026, they offer a Saver account**. Participants can put away £10 a week until November 1st, which accumulates to around £500 if you start saving from early January. **For the full range of services**, handy money tips, a benefits checker, a budget planner and links to support services, visit [www.hullanseycu.co.uk](http://www.hullanseycu.co.uk)



## CONTACT US

### Address

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### The Team

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### Telephone

01472 897337 (answering service)

Capacity Buildings commissioned the professional support of a new start-up enterprise, **Grant's Visuals**, to design this monthly newsletter and provide the photography.

We are delighted with the content and layout and have received some fantastic feedback from our readers. So, we are very happy to recommend their services.

Please contact Alex for more information: [grantsvisuals@outlook.com](mailto:grantsvisuals@outlook.com)  
or visit his website: [www.thegrantoutdoors.co.uk](http://www.thegrantoutdoors.co.uk)